



Welcome to Physical Education!

This is our first year with bilingual teaching so we need to learn several important things about physical activity and sport through English language. Are you ready? Let's go!

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| Unit's name: | BASKETBALL |
| Lesson's Title: | LEARNING TECHNICAL THINGS |
| Objectives: | To learn overview of the court and main rules. To improve speaking, listening and writing English through this unit. |
| Level: | 3º ESO |

ACTIVITIES AND TASKS:

1º Overview of Basketball Court Markings. Watch the next video and try to draw a court's basketball with their official markings.

<https://youtu.be/Q5Dth9Y2iwI>

From the half court line to the three point line, learn about basketball court lines and markings, and what they mean, in this free instructional sports video. Expert: Cynthia Dallas Bio: Cynthia Dallas was a 4 year starter and all-time leading rebounder at the University of Illinois. She was drafted 21st overall draft pick to the WNBA in 2004. Filmmaker: Nili Nathan



2º The point system en basketball. Watch the next video and try to do an outline about the three types of basketball throws.

<https://youtu.be/pxhNRrWIJdc>

In basketball, there are one point, two point, and three point shots. Learn about the basketball point system in this free instructional sports video. Expert: Cynthia Dallas Bio: Cynthia Dallas was a 4 year starter and all-time leading rebounder at the University of Illinois. She was drafted 21st overall draft pick to the WNBA in 2004.

Filmmaker: Nili Nathan



3º How basketball is timed. Watch the next video and try to do an outline about the basketball times: number of parts, time between everyone, number of dead lines...

<https://youtu.be/s3FuJldSSXA>

Basketball is a timed game that is broken up into quarters or halves, depending on whether you are playing at the junior high, high school or college level. Learn about how basketball is timed in this free instructional sports video. Expert: Cynthia Dallas. Bio: Cynthia Dallas was a 4 year starter and all-time leading rebounder at the University of Illinois. She was drafted 21st overall draft pick to the WNBA in 2004.

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MATERIAL AICLE

Departamento de Educación Física

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